

Special Olympics Unified Division Information, Process, and Rules

Registration –

Step 1) Submit team application under Target USA CUP Week (adapted division); [linked here](#). No fee for applying.

Step 2) Eligibility - Applications will be reviewed by Target USA CUP & Special Olympics staff to verify teams are in good standing and compliance with the sanctioning body (Special Olympics North America), before being accepted into the event.

- The Target USA CUP Adaptive Division is designed to provide a safe, competitive environment for participants/teams with intellectual disabilities to experience the Target USA CUP tournament. Teams in this division are required to have intermediate to advanced level of play background and experience.

Step 3) If the team is accepted into the event, the team fee is due within one week of acceptance.

- Team fee \$395

Step 4) Team Roster, player waivers, and player fees are due on June 14, 2026.

- Player fee \$91/player

Step 5) In person Final Team Check-in – Tuesday July 14, 2026.

Game Play and Rules

- Playing Ability – intermediate to advanced level of play.
- Player - minimum age of 12 years of age.
- 4 game guarantee.
- Tournament will be conducted as one open flight.
- Game Play Wednesday July 15 - Thursday July 16, 2026.
- Top two teams advance to the Championship.
- Championship game on July 16.
 - Awards for first and second place.
- 7v7 game play - 4 Special Olympic athletes + 3 unified players
 - Minimum 4 players on the field.
- Roster size – max of 14 players.
- One referee per game. No club linesmen.
- 15-minute running time halves; 5 min. halftime.
- No headers or Throw-ins / Everything will be a kick-in; All defensive players must be at least 5 yards from the kicker.
- Drop-Ball: A drop-ball will occur between two players; one from each team to restart the game any time an official must stop play for a no-penalty situation. The ball may only be kicked after it has touched the ground. A goal CAN be scored directly from a drop-ball.
- Size 5 balls to be used for all games.
 - Home team is required to provide game ball.
- Sub on the fly.
- No offsides.

*All other division rules will be in accordance with the Target USA CUP 2026 Weeklong Rules

(document link coming soon)

Please contact Logan Halvorson for any questions regarding the Target USA CUP Special Olympics Unified Division.

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